

Team Kennet Cross Country 2018-19

The cross-country season will be starting on 4th November. Team Kennet's main focus is the Oxford Cross Country League and dates are given below. There are five races in the league and these take place on the first Sunday of each month (November to March).

Round	Date	Venue
1	Sun, 4 Nov 2018	Newbury Showground, Newbury
2	Sun, 2 Dec 2018	<i>Cirencester Park</i> , Cirencester
3	Sun, 6 Jan 2019	Horspath Stadium, Oxford
4	Sun, 3 Feb 2019	Bo Peep Caravan Park, Adderbury
5	Sun, 3 Mar 2019	Henley Showground, Henley-on-Thames

The Oxford Cross Country League website is <http://oxonxc.org.uk/>
The website has up-to-date information and the results from each race are posted there during the evening of the race.

Start times and distances for the various age groups (please check on the handout for each race as start times may vary slightly):

Race	Start Time	Age Group(s)	Target distance
1	09.55	U9 Girls and Boys	1200m
2	10.00	U11 Girls	1500m
3	10.10	U11 Boys	1500m
4	10.20	U13 Girls	2500m
5	10.30	U13 Boys	2500m
6	10.45	U15 and U17 Girls	3500m
7	11.00	U15 and U17 Boys	4800m
8	11.20	U20/Sen/Vet Men	8500m
9	12.00	U20/Sen/Vet Women	6500m

Race age group determined by age on 31st August 2018. Minimum age - 8 yrs on day of event.

The Oxford Mail Cross Country races are open to all athletes in the club. If you would like to run please fill in the tear off slip below and hand it back to me, Colin Price, or contact me via email at xc.tk@hotmail.com by 10th October.

Other races that form part of Team Kennet's calendar, further details to follow:

Berks, Bucks & Oxon Championships – Sunday 18th November 2018, U13+, Newbury Showground.

Berkshire County Championships - Sunday 16th December 2018, U13+, St Andrew's School, Pangbourne, RG8 8QA. Team Kennet is hosting this so help will be required on the day.

TEAM KENNET CROSS COUNTRY 2018/2019 SEASON

Please return to Colin Price (xc.tk@hotmail.com) by 10th October 2018.

Athlete's name: _____ Male / Female

Date of Birth: _____ E.A Number (U13 and older, if known) _____

Name of Parent/Guardian (if under 16) _____

Email: _____ Phone number: _____

Address: _____