

Senior Women Track

12/09/2008

Athlete	400m	1500m	3000m	100m Hurdles
Helen Shilton				
Kim Wheeler	96.8			
Margeret Smith			13.40.0	
Natalie Thomas	71.1	5.30.96		
Rachel Elliott		5.04.9	10.50.1	
Steph Poulson				20.1