

Welfare and Health & Safety

Code of conduct for club officials and volunteers

As a responsible coach you will:

- **Respect the rights, dignity and worth of every athlete and treat everyone equally, regardless of background or ability.**
- **Place the welfare and safety of the Athlete above the development of performance and ensure sure all activities are appropriate to the age, ability and experience of those taking part**
- **Develop an appropriate working relationship with athletes, based on mutual trust and respect.**
- **Never exert undue influence over performers to obtain personal benefit or reward**
- **Promote the positive aspects of the sport (e.g. fair play), encourage and guide athletes to accept and take responsibility for their own behaviour and performance and never condone rule violations, foul play or the use of prohibitive substances.**
- **Display consistently high standards of behaviour and appearance avoid critical language or actions that undermine an athlete self esteem.**
- **Avoid taking a young athlete alone in your car or inviting them alone to your home**
- **Not spend time alone with a young athlete unless clearly in view of others and never engage in physical or provocative games, including horseplay.**
- **Follow all guidelines laid down by the national governing body and the club**