

## Code of “Fair Play” for Parents/Carers

- Encourage your child to learn the rules and play within them both during Club activities and at external competitions.
- Discourage unfair play and arguing with officials, coaches or helpers
- Help your child to recognise good performance and taking part, not just results.
- Never force your child to take part in sport.
- Be aware and take account of any reference to injuries by your child as training/competing whilst injured is likely to aggravate the injury and possibly cause long-term damage. If you are in any doubt as to whether your child should train, please seek advice from one of the Coaches.
- Set a good example by recognising fair play and applauding the performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept officials’ judgements.
- Encourage your child to wear appropriate sports clothing and footwear taking account of the weather and indoor/outdoor activities eg cross country: indoor sports hall : outdoor track and field, Club vests must be worn for all competitions
- Use correct and proper language at all times.
- Support your child’s involvement and help them to enjoy their sport.